

## Do vaccines overwhelm the immune system?

Actually, quite the opposite! By prompting the immune system to do what it is naturally meant to do – develop antibodies that can fight disease and keep your child healthy – vaccines make your child’s immune system even stronger!

It’s natural for your child to be exposed to many different forms of bacteria and viruses every day, whether through eating, playing with others, touching their mouths, or even just crawling on the ground.

By comparison, the tiny amount of a weakened or killed form of a virus or bacteria contained in vaccine is controlled, ensuring your child gets just enough to prompt his or her immune system to naturally make antibodies, without getting sick.

Antibodies recognize and attack virus or bacteria, should your child be exposed again after being immunized.